What is Behavior?	ABC Pattern
✓ Behavior is anything a person does or says ✓ Positive behavior ✓ Challenging behavior ✓ We focus on behaviors that we can see (observe)	✓ Giving a person what they want following

www.ABPathways.com • (661) 803-3586 • mheid@abpathways.com

Escape Behaviors	
✓ A behavior to escape or avoid something ✓ Running away or hiding ✓ Distracting parent with something else ✓ Continuing to play video games when mom told you to do a chore	✓ If an escape behavior works, it is more likely in the future ✓ Important to be prepared to maintain a demand when faced with escape behavior ✓ If child engages in a lot of escape behaviors, you need a prevention plan

Attention Seeking Behaviors

- ✓ A child wants attention from a parent, sibling, friends, or others
- ✓ Asking for attention

Self-Stimulatory vs. Self-Injurious	Notes:
✓ Self-injurious behaviors are harmful to the person engaging in the behavior ✓ Behaviors leading to injury ✓ These behaviors require expert intervention to prevent injury	

Self-Stimulatory Behaviors	
✓ Waving/flapping arms or hands ✓ Walking on toes ✓ Moving fingers in front of eyes ✓ Hair pulling or nail biting ✓ Spinning objects ✓ Moving objects in a unique manner and watching	✓ Self-stimulatory behaviors that are allowed to continue will increase ✓ If self-stimulatory behaviors are deemed challenging there needs to be a plan to address them ✓ This may need to be guided by an expert

Identify Missing Skills	Notes:
✓ Challe8	

www.ABPathways.com • (661) 803-3586 • mheid@abpathways.com

Responding to Attention Seeking Behavior **Notes:**

www.ABPathways.com • (661) 803-3586 • mheid@abpathways.com