



## **BEHAVIOR @ HOME**

### **Activities to Keep Kids Engaged at Home**

## Hands-on Activities at Home

- ✓ Make things



| Independent Play                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>✓ Make a list of all the activities your child can do independently</li> <li>✓ Make a schedule</li> <li>✓ Set a timer and increase the time slowly</li> <li>✓ Reward independent play</li> <li>✓ Work from the list to increase the activities they can do by themselves</li> </ul>                                                                                                                                                           | <ul style="list-style-type: none"> <li>✓ Play with them for a short period to set them up</li> <li>✓ Give them some ideas</li> <li>✓ Teach them play scenes</li> <li>✓ Let them know when you will be back to play more</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Resources                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <ul style="list-style-type: none"> <li>✓ Hike Santa Clarita<br/><a href="http://hikesantaclarita.com">http://hikesantaclarita.com</a></li> <li>✓ Accessible Chef Home<br/><a href="https://accessiblechef.com/">https://accessiblechef.com/</a></li> <li>✓ The Genius of Play<br/><a href="https://www.thegeniusofplay.org">https://www.thegeniusofplay.org</a></li> <li>✓ PBS Kids for Parents<br/><a href="https://www.pbs.org/parents">https://www.pbs.org/parents</a></li> </ul> | <ul style="list-style-type: none"> <li>✓ 10 Hobbies and Activities to Enjoy with Your Child with Autism<br/><a href="https://www.verywellhealth.com/hobbies-activities-autistic-child-260365">https://www.verywellhealth.com/hobbies-activities-autistic-child-260365</a></li> <li>✓ Cabin Fever? 5 Effective Activities for Students with Autism During Quarantine<br/><a href="http://blog.stageslearning.com/blog/cabin-fever-5-effective-activities-for-students-with-autism-during-social-isolation-or-quarantine">http://blog.stageslearning.com/blog/cabin-fever-5-effective-activities-for-students-with-autism-during-social-isolation-or-quarantine</a></li> </ul> |
| Books                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Notes:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <ul style="list-style-type: none"> <li>✓ Idea Book List <a href="https://amzn.to/2U51Su9">https://amzn.to/2U51Su9</a></li> <li>✓ On The Nature Trail</li> <li>✓ Summer Camp Handbook</li> <li>✓ STEAM Lab</li> <li>✓ 100 Easy STEAM Activities</li> </ul>                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |

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Thank you for joining us!

To view past webinars visit:

<https://www.csun.edu/family-focus-resource-center/webinars>

Use this link to access all the resources shared during the presentation along with templates to create your own schedules and visual supports.

<https://tinyurl.com/FFRCBehavior>